

WEIGHT CONVERSION TABLE

CAN	USA	CAN			CAN	USA	CAN		
G/MT(2)	OZ/YD (2)	OZ/L. YD	GR/L.MT	GR/L.YD	G/MT(2)	OZ/YD (2)	OZ/L. YD	GR/L.MT	GR/L.YD
100	2.95	4.92	152.24	139.48	275	8.11	13.53	419.49	383.57
105	3.10	5.17	160.17	146.45	280	8.26	13.78	427.11	390.54
110	3.25	5.41	167.79	153.43	285	8.41	14.02	434.74	397.52
115	3.39	5.66	175.42	160.40	290	8.56	14.27	442.37	404.49
120	3.54	5.90	183.05	167.38	295	8.70	14.51	449.99	411.47
125	3.69	6.14	190.68	174.36	300	8.85	14.76	457.62	418.44
130	3.84	6.40	198.30	181.32	305	9.00	15.03	465.25	425.41
135	3.98	6.64	205.93	188.30	310	9.15	15.25	472.87	432.39
140	4.13	6.89	213.58	195.27	315	9.29	15.50	480.50	439.36
145	4.28	7.13	221.18	202.25	320	9.44	15.74	488.13	446.34
150	4.43	7.47	228.81	209.73	325	9.59	15.99	495.76	453.31
155	4.57	7.63	236.44	216.19	330	9.74	16.24	503.38	460.28
160	4.72	7.87	244.06	223.17	335	9.88	16.48	511.01	467.26
165	4.87	8.12	251.69	230.14	340	10.03	16.73	518.64	474.23
170	5.02	8.36	259.32	237.12	345	10.18	16.97	526.26	481.21
175	5.17	8.60	266.95	244.10	350	10.33	17.22	533.89	488.18
180	5.31	8.86	274.57	251.08	355	10.47	17.47	541.62	495.15
185	5.46	9.10	282.20	258.04	360	10.62	17.71	549.14	502.13
190	5.61	9.35	289.83	265.01	365	10.77	17.96	556.77	509.10
195	5.75	9.59	297.45	271.98	370	10.92	18.20	564.40	516.08
200	5.90	9.83	305.07	278.95	375	11.06	18.45	572.03	523.05
205	6.05	10.09	321.71	285.93	380	11.21	18.70	579.66	530.02
210	6.20	10.33	320.33	292.91	385	11.36	18.94	587.28	537.00
215	6.34	10.58	327.96	299.83	390	11.51	19.19	594.91	543.97
220	6.49	10.82	335.59	306.85	395	11.65	19.43	602.53	550.95
225	6.64	11.06	343.22	313.77	400	11.80	19.68	610.16	557.92
230	6.79	11.32	350.84	320.80	405	11.95	19.92	617.79	564.89
235	6.93	11.56	358.47	327.78	410	12.09	20.15	624.84	571.35
240	7.08	11.81	366.10	334.75	415	12.24	20.4	632.46	578.32
245	7.23	12.05	373.72	341.73	420	12.39	20.65	640.08	585.29
250	7.38	12.29	371.34	348.71	425	12.53	20.89	647.7	592.26
255	7.52	12.55	388.98	355.67	430	12.68	21.14	655.32	599.22
260	7.67	12.79	396.60	362.65	435	12.83	21.38	662.94	606.19
265	7.82	13.04	404.23	369.62	440	12.98	21.63	670.56	613.16
270	7.97	13.28	411.86	376.60					

